

Gru	Start-	Name	Vorname	Verein/Ort	AK	Start-	End-	Dauer
D	051	Vandenbussche	Tom	JESSE VNSPORTSCOACHING	M25	11:10:00	12:06:55	00:56:55
D	054	Görg	Heiko	Dr. Goerg Team - RSG Montabaur	M40	11:10:00	12:09:21	00:59:21
F	088	Stenz	Mario	Selters	M35	11:49:00	12:50:21	01:01:21
A	013	Ziegler-Schneider	Torsten	Selters-Eisenbach	M40	10:00:00	11:03:03	01:03:03
F	087	Müller	Thomas	DJK Marienstatt	M40	11:49:00	12:53:48	01:04:48
B	018	Dillmann	Torsten	Tria-Equipe-Elz	M45	10:17:00	11:22:48	01:05:48
D	050	Hartmann	Lars	SC Oberlahn	M35	11:10:00	12:15:50	01:05:50
B	016	Schardt	Sascha	Eintracht Frankfurt Triathlon	M35	10:17:00	11:23:37	01:06:37
A	006	Giegerich	Christoph	VLG Eisenbach	M30	10:00:00	11:07:05	01:07:05
A	003	Schulte	Dirk	SV Hellas Siegburg	M45	10:00:00	11:08:19	01:08:19
B	027	Mai	Maximilian	Nornborn	M20	10:17:00	11:25:29	01:08:29
A	011	Müller	Rüdiger	Tria-Equipe-Elz	M55	10:00:00	11:09:10	01:09:10
C	042	Krah	Bianca	Ejot Team TV Buschhütten	W45	10:38:00	11:47:46	01:09:46
F	084	Jost	Matthias	Team Erdinger Alkoholfrei	M50	11:49:00	12:59:24	01:10:24
F	085	Diedert	René	Tria-Equipe-Elz	M40	11:49:00	12:59:42	01:10:42
E	061	Ritter	Daniela	SV Hellas Siegburg	W40	11:30:00	12:41:43	01:11:43
C	033	Stumbeck	Veronika	Tria-Equipe-Elz	W30	10:38:00	11:49:44	01:11:44
B	026	Seelbach	Philipp	Köln	M35	10:17:00	11:28:49	01:11:49
E	070	Jung	Lukas	TuS Lindenholzhausen	M25	11:30:00	12:42:21	01:12:21
E	067	Wahler	Maik	Pottum	M40	11:30:00	12:42:38	01:12:38
B	019	Heimann	Rudi	SV Poseidon Limburg e.V.	M45	10:17:00	11:29:55	01:12:55
D	052	Cornet	Markus	LC Mengerskirchen	M35	11:10:00	12:22:56	01:12:56
C	041	Geller	Hans Jürgen	WSC Bad Camberg	M50	10:38:00	11:51:43	01:13:43
D	046	Sonneborn	Thorsten	Tria-Equipe-Elz	M30	11:10:00	12:24:09	01:14:09
E	066	Lubatschowski	Elmar	BioLetico / Elz	M50	11:30:00	12:44:45	01:14:45
C	035	Roos	Bianca	die Mannschaft e.V. Nisterau	W40	10:38:00	11:53:30	01:15:30
E	065	Steuler	Jörg	Thalhausen	M55	11:30:00	12:45:31	01:15:31
C	040	Kaiser	Julia	Spvgg. Steinefrenz-Weroth	W20	10:38:00	11:53:38	01:15:38
D	048	Butzbach	Carsten	MTB Wildsäu Elz	M45	11:10:00	12:26:18	01:16:18
E	069	Mais	Tobias	Dehrn	M35	11:30:00	12:46:36	01:16:36
D	056	Neitzel	Stefan	Montabaur	M35	11:10:00	12:26:46	01:16:46
A	004	Schmidt	Thomas	Tria-Equipe-Elz	M55	10:00:00	11:17:29	01:17:29
A	012	Lodder	Gerhard	Selters-Eisenbach	M50	10:00:00	11:17:56	01:17:56
F	081	Hahn	Sascha	Team Kai Herbert Henkes	M25	11:49:00	13:07:04	01:18:04
A	001	Opper	Michael	Team Triathlon Dreikirchen	M55	10:00:00	11:18:24	01:18:24
F	080	Baltes	Marcel "the bear"	Team Kai Herbert Henkes	M25	11:49:00	13:07:36	01:18:36
A	005	Friedrich	Frank	Dr. Goerg Team - RSG Montabaur	M40	10:00:00	11:19:13	01:19:13
E	071	Alves	Antonio	SC Dreikirchen	M40	11:30:00	12:49:22	01:19:22
A	002	Meurer	Michael	Team Triathlon Dreikirchen	M45	11:49:00	13:09:11	01:20:11
C	037	Lodder	Sarah	Selters-Eisenbach	W20	10:38:00	11:59:12	01:21:12
B	024	Westerhoff	Frank	Thedinghausen	M45	10:17:00	11:38:41	01:21:41
F	076	Dedic	Denis	Team Kai Herbert Henkes	M30	11:49:00	13:10:50	01:21:50
F	079	Pallus	Marco	Team Kai Herbert Henkes	M30	11:49:00	13:12:06	01:23:06
A	009	Arlt	Oliver	team-naunheim.de	M30	10:00:00	11:23:44	01:23:44
F	082	Richter	Tim	Team Kai Herbert Henkes	M30	11:49:00	13:16:16	01:27:16
F	077	Gregori	Christopher „the giant“	Team Kai Herbert Henkes	M25	11:49:00	13:16:52	01:27:52
F	083	Polzin	Martin	Team Kai Herbert Henkes	M20	11:49:00	13:16:55	01:27:55
C	031	Kullmann	Kathrin	Tria-Equipe-Elz	W35	10:38:00	12:06:23	01:28:23
E	063	Hepp	Jörg	RSV Weyer	M35	11:30:00	12:58:45	01:28:45
E	064	Hübner	Andreas	RSV Weyer	M45	11:30:00	12:58:45	01:28:45
A	010	Huttel	Frank	team-naunheim.de	M45	10:00:00	11:29:22	01:29:22
C	038	Alka	Birgit	Road Runners	W45	10:38:00	12:10:37	01:32:37
C	036	Kienzle	Su	team-naunheim.de	W40	10:38:00	12:11:24	01:33:24
D	055	Hommrich	Bernd	TuS Bannberscheid	M65	11:10:00	12:44:37	01:34:37
A	007	Orth	Bernhard	Beselich	M50	10:00:00	11:35:16	01:35:16
C	039	Zerlik	Ramona	BiFit Obertiefenbach	W30	10:38:00	12:13:51	01:35:51
D	057	Betz	Michael	Atlas Sport / Bad Marienberg	M40	11:10:00	12:49:10	01:39:10
B	025	Westerhoff	Jan	Thedinghausen	M20	10:17:00	12:01:11	01:44:11
D	047	Getkate	Jan	Niedererbach	M75	11:10:00	13:02:48	01:52:48
B	023	Westerhoff	Lars Günter	Thedinghausen	MJug	10:17:00	12:11:18	01:54:18
C	034	Westerhoff	Daniela	Thedinghausen	W45	10:38:00	12:34:00	01:56:00